

BEAUTY DRINKS

Stars get glowing with these flavored formulas

JUST ADD WATER! **KELLIE PICKLER, KATE WALSH AND Vanessa Minnillo** sip fruity concoctions that are supposed to improve skin elasticity and hydration. "When you combine the electrolytes and vitamins in these mixes with water, it's absorbed by the skin 100 times better than drinking water on its own," NYC-based dermatologist Steven Victor tells *Us*. "You can notice a change in as quickly as two to three days!" **MONIQUE MENESES**



▲ Glisodin Skin Nutrients Advanced Detoxification Formula, \$125, skinstore.com



▲ Sonya Dakar's Ultima Power shake in Strawberry Supreme, \$55, available June 1, sonyadakarskinclinic.com



▲ Crystal Light Skin Essentials in White Peach Tea, \$5, grocery stores nationwide

Pickler